

Shopping List Harvest/autumn 2025



Emergency food for people in crisis

Thank you for continuing to support us
These items are most needed at present:

Tinned meat meals
Tinned fish
Tinned vegetables, potatoes and tomatoes
Tinned pulses, tinned spaghetti, tinned soup
Rice
Instant mashed potato sachets
Pasta sauce
Ketchup and mayo
Cooking oil
UHT milk
Long-life fruit juice and fruit squash
Small jars instant coffee and hot chocolate
Tinned fruit
Sponge puddings and tinned rice pudding
Instant custard sachets and tinned custard
Jam and spreads
Packets of biscuits
Chocolate biscuit bars/cereal bars/sweets/savoury crackers
All toiletries inc: shower gel, shampoo, conditioner,
deodorant, toilet rolls, washing up liquid, laundry tabs/pods
Nappies sizes 5 to 7
We have sufficient pasta, thank you

Items can be delivered to our warehouse at
450A Beehive Lane CM2 8RN

www.chelmsford.foodbank.org.uk

See also weekly Top 5 most needed items updates on Facebook

CHELMSFORD FOODBANK

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