



Managing Big Emotions

Online Live Course

✨ What You Will Learn

- Emotional Control: Strategies to help children recognize and regulate their emotions and impulses.
- Sensory Management: Practical tools to support children in meeting their sensory needs.
- Conflict Resolution: Techniques to guide children in problem-solving and handling disagreements constructively.

Date: 13/01/2026 - 20/01/2026

Time: 19:00- 21:00

Scan the QR code, or Visit our website
aclessex.com and type "BIG EMOTIONS"
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