

## CHELMSFORD FOODBANK HARVEST SHOPPING LIST

Thank you for your continued support

Small jars coffee  
UHT fruit juice  
UHT milk  
Tea bags 40s and 80s  
Fruit squash  
Tins of meat meals—eg chicken/  
beef in sauce/curry  
Tinned fish  
Tinned tomatoes and spaghetti  
Pasta sauce  
Rice—dry  
Instant mashed potato  
Ketchup and mayo  
Cooking oil  
Tinned soups  
Tinned fruit  
Sponge puddings  
Tinned custard  
Biscuit bars eg KitKat  
Laundry pods/tabs (only)  
Male and female toiletries

We have sufficient pasta and baked beans,  
thank you

Items can be delivered to our warehouse  
450A Beehive Lane CM2 8RN

[www.chelmsford.foodbank.org.uk](http://www.chelmsford.foodbank.org.uk)  
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## CHELMSFORD FOODBANK HARVEST SHOPPING LIST

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Coffee small and medium  
Milk—non diary  
Powdered custard  
UHT fruit juice  
UHT milk  
Pasta sauce  
Tinned meat meals—eg chicken/  
beef in sauce/chilli  
Tinned fish  
Tinned potatoes  
Tinned tomatoes  
Tinned soup  
Pulses  
Tinned vegetables  
Instant mashed potato  
Sponge pudding  
Biscuit packets and crisps  
Jams, spreads and preserves  
Toilet rolls  
Washing up liquid  
Laundry pods/tabs (only)  
Male and female toiletries

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Tea bags—40 and 80s  
Coffee small and medium  
UHT fruit juice  
UHT milk  
Fruit squash  
Breakfast cereal  
Pasta sauce  
Tinned soup  
Tinned meat meals eg chicken/  
beef in sauce/hot dogs  
Tinned pulses  
Tinned vegetables and tomatoes  
Instant mash  
Ketchup and mayo  
Sponge pudding  
Jams, spreads and preserves  
Savoury biscuits  
Cereal and biscuit bars eg KitKat  
Toilet rolls  
Washing up liquid  
Laundry pods/tabs (only)  
Male and female toiletries

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