



ACL

Community & Family Learning Courses

Online Courses

COURSE TITLE	START DATE	END DATE	START TIME	END TIME
FL MANAGING BIG EMOTIONS	30/10/2025	30/10/2025	19:00	21:00
FL UNDERSTANDING CHILDREN'S ANXIETY	31/10/2025	31/10/2025	12:00	14:30

If you would like to enrol on to a FREE course please Visit our website [aclessex.com](https://www.aclessex.com) and type the course title in the 'Find a course...' box

aclessex.com

0345 603 7635



Essex County Council