



ACL

FREE!

Positive Parenting Online Course

This 6 week course is designed to support you to understand your children and provide parenting support. It covers boundaries, communication skills, understanding feelings and emotions and most importantly how to have fun as a family.

Date: 8th January 2026 - 12th February 2026

Time: 18:00 - 20:00

Scan the QR code, or Visit our website aclessex.com and type 'POSITIVE PARENTING' in the 'Find a course...' box



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0345 603 7635



Essex County Council