



**Thank you for continuing to support us
These items are most needed at present:**

Small jars instant coffee
Long-life fruit juice
Fruit squash
UHT milk
Tinned meat meals
Instant mashed potato sachets
Tinned vegetables
Tinned potatoes
Tinned pulses, tinned spaghetti
Cup soups and tinned soup
Ketchup and mayo
Tinned rice puddings
Sponge puddings
Instant custard sachets and tinned custard
Jam and spreads
Savoury crackers
Cereal bars and chocolate biscuit bars
Packets of sweets

**All toiletries inc: washing up liquid, toilet rolls, deodorant,
shower gel, shampoo, conditioner, shaving foam,
laundry tabs/pods, anti-bac and surface cleaners**

**Items can be delivered to our warehouse at
450A Beehive Lane CM2 8RN**

www.chelmsford.foodbank.org.uk

[See also weekly Top 5 most needed items updates on Facebook](#)

CHELMSFORD FOODBANK

SUMMER 2026 SHOPPING LIST

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