



PE Games Curriculum Sequence of Knowledge and Skills

		Autumn Term	Spring Term	Summer Term
EYFS	Topic	Fundamentals: Unit 1/Fundamentals: Unit 2	Ball Skills Unit 1/ Ball Skills Unit 2	Games: Unit 1/ Games: Unit 2
	Links to Prior Learning	<ul style="list-style-type: none"> What a ball is Experience watching or playing sports outside of school Experience of sport at nursery/pre-school 	<ul style="list-style-type: none"> Autumn term 	<ul style="list-style-type: none"> Autumn and Spring term
	Knowledge	<p><u>Running</u>: know that I use big steps to run and small steps to stop. Know that moving into space away from others helps to keep me safe.</p> <p><u>Balancing</u>: know that I can hold my arms out to help me to balance.</p> <p><u>Jumping</u>: know that bending my knees will help me to land safely. Hopping: understand that I use one foot to hop.</p> <p><u>Skipping</u>: know that if I hop then step that will help me to skip.</p>	<p><u>Sending</u>: know to look at the target when sending a ball.</p> <p><u>Catching</u>: know to have hands out ready to catch.</p> <p><u>Tracking</u>: know to watch the ball as it comes towards me and scoop it with two hands.</p> <p><u>Dribbling</u>: know that keeping the ball close will help with control.</p>	<p><u>Sending & receiving</u>: know to look at the target when sending a ball and watch the ball to receive it.</p> <p><u>Dribbling</u>: know that keeping the ball close will help with control.</p> <p><u>Space</u>: know that being in a space gives me room to play.</p> <p><u>Attacking & defending</u>: know that there are different roles in games.</p> <p><u>Tactics</u>: make simple decisions in response to a task.</p> <p><u>Rules</u>: know that rules help us to stay safe.</p>
	Skills	<p><u>Running</u>: explore running and stopping. Explore changing direction safely.</p> <p><u>Balancing</u>: explore balancing whilst stationary and on the move.</p> <p><u>Jumping</u>: begin to explore take-off and landing safely.</p> <p><u>Hopping</u>: explore hopping on both feet.</p> <p><u>Skipping</u>: explore skipping as a travelling action.</p>	<p><u>Sending</u>: explore sending an object with hands and feet.</p> <p><u>Catching</u>: explore catching to self and with a partner.</p> <p><u>Tracking</u>: explore stopping a ball with hands and feet.</p> <p><u>Dribbling</u>: explore dropping and catching with two hands and moving a ball with feet</p>	<p><u>Sending & receiving</u>: explore s&r with hands and feet using a variety of equipment.</p> <p><u>Dribbling</u>: explore dropping and catching with two hands and moving a ball with their feet.</p> <p><u>Space</u>: recognise their own space.</p> <p><u>Attacking & defending</u>: explore changing direction and tagging games</p>
Key Vocabulary	Balance bend crawl direction fast jump hop land run rules safely slide space slow stop travel	dribbling catch hit kick partner points ready roll run score target throw bounce ball	pass team space throw catch run direction score points partner jump land rules aim safely stop lose win	
Year 1	Topic	Ball skills (Autumn 1) Invasion Games (invasion, handball, netball, basketball, football, tag rugby and hockey) (Autumn 2)	Sending and receiving (spring 1) Net and Wall games (spring 2)	Striking and fielding (summer 1) Target games (summer 2)
	Links to Prior Learning	Spring Term (Foundation Stage)	Spring and summer term (Foundation Stage)	Spring and summer term (Foundation Stage)
	Knowledge	<u>Sending</u> : know to face my body towards my target when rolling and throwing underarm to help me to balance.	<u>Sending</u> : know to face my body towards my target when rolling and throwing underarm to help me to balance.	<u>Striking</u> : understand that the harder I strike, the further the ball will travel. <u>Fielding</u> : know that throwing the ball back is quicker than running with it.



	<p><u>Catching</u>: know to watch the ball as it comes towards me. <u>Tracking</u>: know to move my feet to get in the line with the ball. <u>Dribbling</u>: know that moving with a ball is called dribbling.</p> <p><u>Sending & receiving</u>: know to look at my partner before sending the ball. <u>Dribbling</u>: know that moving with a ball is called dribbling. <u>Space</u>: understand that being in a good space helps us to pass the ball. <u>Attacking</u>: know that being able to move away from a partner helps my team to pass me the ball. <u>Defending</u>: know that staying with a partner makes it more difficult for them to receive the ball. <u>Tactics</u>: know that tactics can help us when playing games. <u>Rules</u>: know that rules help us to play fairly</p>	<p><u>Building on from Autumn 1</u> <u>Catching</u>: know to watch the ball as it comes towards me. <u>Tracking</u>: know to move my feet to get in the line with the ball. <u>Dribbling</u>: know that moving with a ball is called dribbling.</p> <p><u>Hitting</u>: know to use the centre of the racket for control. <u>Feeding</u>: know to use an underarm throw to feed to a partner. <u>Rallying</u>: know that throwing/hitting to my partner with not too much power will help them to return the ball. <u>Footwork</u>: know that using a ready position will help me to move in any direction. <u>Tactics</u>: know that tactics can help us to be successful when playing games. <u>Rules</u>: know that rules help us to play fairly.</p>	<p><u>Throwing</u>: know which type of throw to use to throw over longer distances. <u>Catching</u>: know to watch the ball as it comes towards me. <u>Tactics</u>: know that tactics can help us when playing games. <u>Rules</u>: know that rules help us to play fairly. <u>Throwing</u>: know which type of throw to use for distance and accuracy. Know that my body position will affect the accuracy of my throw. <u>Tactics</u>: know that tactics can help us when playing games. <u>Rules</u>: know that rules help us to play fairly.</p>
Skills	<p><u>Sending</u>: roll and throw with some accuracy towards a target. <u>Catching</u>: begin to catch with two hands. Catch after a bounce. <u>Tracking</u>: track a ball being sent directly. <u>Dribbling</u>: explore dribbling with hands and feet.</p> <p><u>Sending & receiving</u>: explore s&r with hands and feet to a partner. <u>Dribbling</u>: explore dribbling with hands and feet. Space: recognise good space when playing games. <u>Attacking</u>: explore changing direction to move away from a partner. <u>Defending</u>: explore tracking and moving to stay with a partner.</p>	<p><u>Building on from Autumn 1</u> <u>Sending</u>: roll and throw with some accuracy towards a target. <u>Catching</u>: begin to catch with two hands. Catch after a bounce. <u>Tracking</u>: track a ball being sent directly. <u>Dribbling</u>: explore dribbling with hands and feet.</p> <p><u>Hitting</u>: explore hitting a dropped ball with a racket. <u>Feeding</u>: throw a ball over a net to land into the court area. <u>Rallying</u>: explore sending a ball with hands and a racket. <u>Footwork</u>: use the ready position to move towards a ball.</p>	<p><u>Striking</u>: explore striking a ball with their hand and equipment. <u>Fielding</u>: develop tracking and retrieving a ball. <u>Throwing</u>: explore technique when throwing over and underarm. <u>Catching</u>: develop co-ordination and technique when catching. <u>Throwing overarm</u>: explore technique when throwing overarm towards a target. <u>Throwing underarm</u>: explore technique when throwing underarm towards a target.</p>
Key Vocabulary	<p>ready position soft swing track underarm control</p>	<p>goal mark track dodge defender attacker</p> <p>net racket ready position underarm track</p>	<p>hit overarm out ready position track underarm batting bowl bowler fielder fielding batter distance overarm underarm swing balance further</p>



Year 2				
Year 2	Topic	<p>Ball Skills (Autumn 1) Invasion Games (Autumn 2) (invasion, handball, netball, basketball, football, tag rugby and hockey)</p>	<p>Sending and receiving (Spring 1) Net and Wall games (Spring 2)</p>	<p>Striking and fielding (summer 1) Target games (summer 2)</p>
	Links to Prior Learning	<p>Autumn Term (Year 1) Autumn 2 (Year 1)</p>	<p>Spring term 1 (Year 1) Spring term 2 (Year 1)</p>	<p>Summer term 1 (Year 1) Summer term 2 (Year 1)</p>
	Knowledge	<p><u>Sending</u>: know that stepping with opposite foot to throwing arm will help me to balance. <u>Catching</u>: know to use wide fingers and pull the ball in to my chest to help to securely catch. <u>Tracking</u>: know that it is easier to move towards a ball to track it than chase it. <u>Dribbling</u>: know to keep my head up when dribbling to see space/opponents.</p> <p><u>Sending & receiving</u>: know to control the ball before sending it. <u>Dribbling</u>: know that keeping my head up will help me to know where defenders are. <u>Space</u>: know that moving into space away from defenders helps me to pass and receive a ball. <u>Attacking</u>: know that when my team is in possession of the ball, I am an attacker and we can score. <u>Defending</u>: know that when my team is not in possession of the ball, I am a defender and we need to try to get the ball. Know that standing between the ball and the attacker will help me to stop them from getting the ball. <u>Tactics</u>: understand and apply simple tactics for attack and defence. <u>Rules</u>: know how to score points and follow simple rules</p>	<p><u>Building on from Autumn 1</u> <u>Sending</u>: know that stepping with opposite foot to throwing arm will help me to balance. <u>Catching</u>: know to use wide fingers and pull the ball in to my chest to help to securely catch. <u>Tracking</u>: know that it is easier to move towards a ball to track it than chase it. <u>Dribbling</u>: know to keep my head up when dribbling to see space/opponents.</p> <p><u>Hitting</u>: know to watch the ball as it comes towards me to help me to prepare to hit it. <u>Feeding</u>: know to place enough power on a ball to let it bounce once but not too much so that my partner can't return it. <u>Rallying</u>: know that sending the ball towards my partner will help me to keep a rally going. <u>Footwork</u>: know that using a ready position helps me to react quickly and return/catch a ball. <u>Tactics</u>: understand that applying simple tactics makes it difficult for my opponent. <u>Rules</u>: know how to score points and follow simple rules.</p>	<p><u>Striking</u>: understand the role of a batter. Know that striking quickly will increase the power. <u>Fielding</u>: understand that there are different roles within a fielding team. Know to move towards the ball to collect it to limit a batter's points. <u>Throwing</u>: know that stepping with opposite foot to throwing arm will help me to balance. <u>Catching</u>: know to use wide fingers and pull the ball in to my chest to help me to securely catch. <u>Tactics</u>: understand and apply simple tactics for attack (batting) and defence (fielding). <u>Rules</u>: know how to score points and follow simple rules.</p> <p><u>Throwing</u>: know that stepping with opposite foot to throwing arm will help you to balance. Know that moving my arm quicker will give me more power. <u>Striking</u>: know to finish with my object/hand pointing at my target. <u>Tactics</u>: understand and apply simple tactics. <u>Rules</u>: know how to score points and follow simple rules.</p>
	Skills	<p><u>Sending</u>: roll, throw and kick a ball to hit a target. <u>Catching</u>: develop catching a range of objects with two hands. Catch with and without a bounce. <u>Tracking</u>: consistently track and collect a ball being sent directly. <u>Dribbling</u>: explore dribbling with hands and feet with increasing control on the move</p>	<p><u>Sending</u>: roll, throw and kick a ball to hit a target. <u>Catching</u>: develop catching a range of objects with two hands. Catch with and without a bounce. <u>Tracking</u>: consistently track and collect a ball being sent directly.</p>	<p><u>Striking</u>: develop striking a ball with their hand and equipment with some consistency. <u>Fielding</u>: develop tracking a ball and decision making with the ball. <u>Throwing</u>: develop co-ordination and technique when throwing over and underarm. <u>Catching</u>: catch with two hands with some co-ordination and technique</p>



		<p><u>Sending & receiving</u>: developing s&r with increased control.</p> <p><u>Dribbling</u>: explore dribbling with hands and feet with increasing control on the move. Space: explore moving into space away from others.</p> <p><u>Attacking</u>: developing moving into space away from defenders.</p> <p><u>Defending</u>: explore staying close to other players to try and stop them getting the ball.</p>	<p><u>Dribbling</u>: explore dribbling with hands and feet with increasing control on the move.</p> <p><u>Hitting</u>: develop hitting a dropped ball over a net.</p> <p><u>Feeding</u>: accurately underarm throw over a net to a partner.</p> <p><u>Rallying</u>: explore underarm rallying with a partner catching after one bounce.</p> <p><u>Footwork</u>: consistently use the ready position to move towards a ball.</p>	<p><u>Throwing overarm</u>: develop co-ordination and technique when throwing overarm towards a target.</p> <p><u>Throwing underarm</u>: develop co-ordination and technique when throwing underarm towards a target.</p> <p><u>Striking</u>: develop striking a ball with equipment with some consistency.</p>
Key Vocabulary	<p>collect release</p> <p>receive prepare touch</p>	<p>goalkeeper defend possession opponent</p> <p>send receive shoot attack</p> <p>tactic</p> <p>defend quickly receive trap</p> <p>against return</p>	<p>stump tactics runs collect teammate</p> <p>backstop</p> <p>accurate opponent release strike</p> <p>teammate ahead</p>	