

Shopping List Winter 2025/6



Emergency food for people in crisis

Thank you for continuing to support us
These items are most needed at present:

Small jars instant coffee and hot chocolate

Long-life fruit juice and fruit squash

Tinned meat meals

Tinned fish

Instant mashed potato sachets

Tinned vegetables, potatoes and tomatoes

Tinned pulses, tinned spaghetti, tinned soup

Rice

Pasta sauce

Ketchup and mayo

Cooking oil

UHT milk

Tinned fruit

Sponge puddings and tinned rice pudding

Instant custard sachets and tinned custard

Jam and spreads

Packets of biscuits

Chocolate biscuit bars/cereal bars/sweets/savoury crackers

All toiletries inc: washing up liquid, toilet rolls, deodorant,
shower gel, shampoo, conditioner, shaving foam,
laundry tabs/pods Nappies sizes 5 to 7

Items can be delivered to our warehouse at
450A Beehive Lane CM2 8RN

www.chelmsford.foodbank.org.uk

See also weekly Top 5 most needed items updates on Facebook

CHELMSFORD FOODBANK

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