



SMOKE ALARMS

Smoke alarms save lives.

They give vital warning at the first sign of fire, waking anyone asleep and giving everyone time to get safely out.

Make sure you have a smoke alarm on each level of your home and make sure that you test those alarms regularly.

To arrange for a free home safety visit call us on 0300 303 0088.



ESCAPE ROUTES

When fire strikes, it is vital that you and your family know your escape route so you don't waste time. Every second counts in an emergency.

Prepare an escape route, make sure everyone knows it and practice your escape. Keep your escape route clear so there are no obstacles to slow you down.

Make sure everyone in the house – including friends and family who may stay over – knows where all keys to doors and windows are kept.

KITCHEN

The kitchen is a flash point for fires in the home, with more fires starting in the kitchen than anywhere else.

Do not let distraction become a deadly danger in the kitchen.

Never leave cooking unattended. Never leave children alone in the kitchen. If you have to leave the room to answer the door or phone, turn off the cooker.

Keep tea towels and cloths away from the cooker and make sure that all electrical appliances are in good working order.



FREE HOME SAFETY VISIT

We recommend that each floor of your home has a working smoke alarm fitted. These should be tested on a monthly basis and batteries replaced if necessary.

We provide smoke alarms to all our Essex residents completely free of charge, via our Home Safety Visit.

To keep yourself and your family safe from fire, contact us now:

 **0300 303 0088**

 www.essex-fire.gov.uk/HFS



Essex County
Fire & Rescue Service

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www.essex-fire.gov.uk