

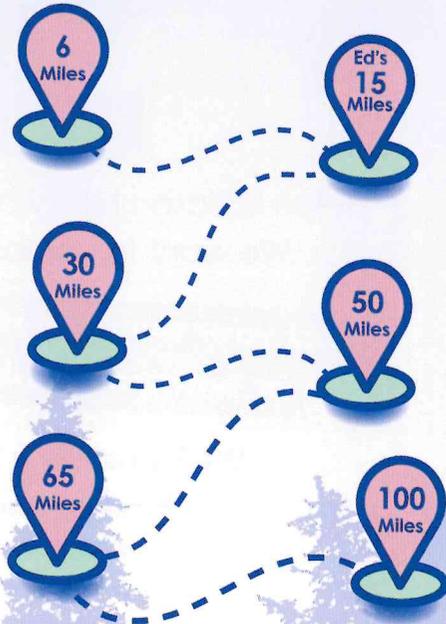
RIDE FOR HELEN 2026

SUNDAY 10th MAY



Join us for a truly breathtaking cycling event starting and finishing at The Crix in Hatfield Peverel.

Choose the distance that suits you and enjoy pedalling through the beautiful countryside of Essex and Hertfordshire, all while helping to support people living with cancer.



BOOK YOUR PLACE AT
www.helenrollason.org.uk

Fundraising in aid of

Helen Rollason Cancer Charity



Registered Charity No: 1052861

THIS MARCH



Helen Rollason Cancer Charity

Helen Rollason MBE would have turned 70 this year.
We want to celebrate her life and legacy.

**Host your own Tea for Helen at home, at work,
or with your club or community group.**

We'll provide a FREE fundraising pack:

- Posters and invitations
- Bunting and cake flags
- Fun fundraising ideas for all ages



Every Tea for Helen helps support
Helen Rollason Cancer Charity – the home of
cancer support across Essex

Contact us to receive your fundraising pack

Email fundraising@helenrollason.org.uk or
visit www.helenrollason.org.uk

SCAN ME



Registered Charity No: 1052861