



Top 10 Tips

To help me with starting school

(This is not an exhaustive list!)

- 1: Be able to recognise your first name.
- 2: Put on and take off your jumper/cardigan independently.
- 3: Put on your coat and zip it up independently.
- 4: Go to the toilet by yourself and wash your hands.
- 5: Use cutlery to cut and eat your food by yourself.
- 6: Listen to and follow instructions e.g. put your coat on.
- 7: Build up your fine motor skills by playing with playdough or using pegs to help hang up the washing.
- 8: Count small groups of objects.
- 9: Complete a task by myself e.g. complete a 20 piece puzzle.
- 10: Tidy up toys when you have finished with them.



a b c d e f

0 1 2 3 4 5 6 7 8 9 10