

## 'Understanding Your Child's Behaviour' workshop

### What is it?:

The Understanding Your Child's Behaviour workshop helps parents to understand children's behaviour, rebuild parent/child relationships and develop strategies to manage challenging behaviour.

07/02/2024 11:30am-13:00pm

06/03/2024 16:00-17:30pm

Is your child argumentative?

Tantrums at bedtime?

### Who for?:

Parents who would like support to understand their child's challenging behaviour either at home or at school.

Does your child ignore instructions?

### What do we talk about?:

- Explore behaviour challenges and factors impacting children's behaviour.
- Explore theory behind behaviour presentations.
- Think about positive attention for behaviours to improve caregiver/child relationship.
- Explore helpful strategies to support the caregiver and their child.
- Support parents/carers in using positive strategies in the home environment.

Is your child's behaviour difficult to manage?

Use these links to sign up to our online events:

07/02/2024 11:30am-13:00pm

<https://www.eventbrite.co.uk/e/parent-understanding-your-childs-behaviour-tickets-788945576457?aff=oddtcreator>

06/03/2024 16:00-17:30pm

<https://www.eventbrite.co.uk/e/parent-understanding-your-childs-behaviour-tickets-788963179107?aff=oddtcreator>

Does your child lash out?